

Contemplation

"Thomas Merton: A Book of Hours"

edited by Kathleen Deignan p48-49.

(from Merton's New Seeds of Contemplation cf p3-4)

Contemplation is a response to a call: a call from Him Who has no voice, and yet Who speaks in everything that is, and Who, most of all, speaks in the depths of our own being: for we ourselves are words of His. But we are words that are meant to respond to Him, to answer to Him, to echo Him, and even in some way to contain Him and signify Him. Contemplation is this echo. It is a deep resonance in the inmost centre of our spirit in which our very life loses its separate voice and re-sounds with the majesty and the mercy of the Hidden and Living One. He answers Himself in us and this answer is divine life, divine creativity, making all things new. We ourselves become His echo and His answer. It is as if in creating us God asked a question, and in awakening us to contemplation He answered the question, so that contemplation is at the same time, question and answer.

And all that is summed up in one awareness – not a proposition, but an experience: "I Am."

