

Contemplative Outreach

Spiritual Journey with Thomas Keating

Part 2 Tape 6(a)



UROBORIC (Reptilian – 5 to 6 million years ago)

Most primitive consciousness. Immersed in the cycle of nature. Primary concerns are food, shelter and prompt fulfillment of needs. Survival a day at a time. No self-consciousness.

TYPHONIC (Half animal - Half human – 200,000 BC)

Emergence of body self from nature. First sense of self-identity. Inability to distinguish imagination from reality. No stratification of society. Difficulty to distinguish part from whole. Beginning of tribal and clan culture. The hunt.

MYTHIC MEMBERSHIP (12,000 – 10,000 BC)

City State and socialization. Farming. Food surplus. Stratification of society with nobles and kings. Possessions, trade and military history. More efficient ways of taking care of instinctual needs. Ritual human sacrifice – the part represents the whole. First dawn of reason but not abstract thinking.

One draws one's identity from the group.

Language is invented about 50,000 BC and the evolutionary process accelerates.

MENTAL EGOIC (2,000 – 3,000 BC)

Mind separate from the body. Transcendence of reason over emotion.

Work at this point of evolution is to become full human.

A full personal self. A fully reflective self-consciousness.

INTUITIVE

Begins to access spiritual levels of being. Possible psychic gifts.

Sense of belonging and unity with God and the universe.

Possibility of further development of consciousness.

UNITIVE (Holiness)

UNTIY (Wisdom)

